



OUR TOP STORIES

Trust Electives Get Off to a Great Start

Our Elective Programme was launched for our new Year 7 students on Monday this week. We are really proud of this excellent programme and the opportunities that it gives our youngest learners at MHHS. This programme provides opportunities for all Year 7 students to take part in an activity that they might not have had the chance to do in or outside of school before for free.

There are a range of activities now on offer, including outdoor education in the form of the JASS award. We also offer activities in Performing Arts in the form of drama, dance, art and music. In addition, we offer a variety of sporting activities such as badminton, swimming and taekwondo. The programme takes place weekly on every Monday from 3.00pm – 4.00pm. On Monday afternoon this week, our youngest learners at MHHS were clearly excited, enthusiastic and fully engaged in their electives – it was brilliant to witness.

Whatever the elective activity is, we know that every Monday for an hour after school, every one of our Year 7 students is able to do something that we hope will be continued beyond Year 7 and perhaps beyond their time spent with us here at MHHS.



Co-Curricular Clubs

We are passionate about young people being part of the school community at MHHS, and we want every student at our school to join at least one of our fantastic co-curricular clubs on offer this term.

Have you been wondering about trying out a co-curricular club? Reading more? Or trying a new sport? There is no better time than the present to take the



plunge into a new experience. We strongly encourage all our students to take advantage of clubs and activities that are on offer.

Please take a close look at the list of clubs on offer at the bottom of this week's Newsflash and ask your Form Mentor, teachers or your Head of Year for more details.

Singing in the Rain Call Backs and Rehearsals

On Monday 18th and Tuesday 19th September from 3.00pm to 4.00pm there will be call-backs for those being considered for Principal Character roles. If a student is being considered, they will have been informed by Mrs Ryan.

The cast list will go up Wednesday 20th September.



The image is a blue banner with a rain effect. On the left, the title 'SINGING IN THE RAIN JR.' is written in large, stylized letters. A red umbrella is positioned behind the word 'RAIN'. On the right, the text 'Rehearsal Schedule' is written in white. Below it, a table lists the rehearsal times and participants. At the bottom right, it says 'Rehearsals begin on 25th September'.

Rehearsal Schedule	
Monday 3-5pm	Principal Characters
Tuesday 3-4pm	Whole Cast
Tuesday 4-5pm	Principal Characters

Rehearsals begin on 25th September

Macmillan Coffee Morning

We are taking part in the Macmillan Coffee Morning to help raise money for a fantastic cause, by holding a cake sale.

Where? *The Drum area.*

When? *Friday 29th September at breaktime.*

Please help us raise as much money in remembrance of all that have lost their life to this terrible disease.

Donations of cakes would be greatly appreciated but please remember we are a nut-free school.



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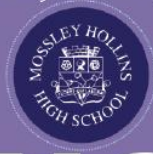




The Governors, Staff and Students at Mossley Hollins High School are delighted to invite you to our

OPEN EVENING

Tuesday 26th September 2023



Come and discover more about our ambitious and inclusive school in the heart of our local community.

Learn about our mission and values and see for yourself what Mossley Hollins High School has to offer.

If you would like further information, please do just get in touch using the contact details below. Our team is here, and more than happy to help you.

Join us on **Tuesday 26th September 2023** from 6.00pm – 8.45pm.
Headteacher's Address: 6.00pm, 6.45pm and 7.30pm.

www.mossleyhollins.com Telephone: 01457 832491 admin@mossleyhollins.com
Mossley Hollins High School, Huddersfield Road, Mossley, Ashton-Under-Lyne OL5 9DP



A message from the PE Department

Information for parents/carers of Year 8 pupils who have PE first period on Monday (Period 1) and Year 7 pupils who have PE last period on Monday (Period 6)

The Year 8 pupils who have PE first period on Monday and Year 7 pupils who have PE last period on Monday need to **come to school in their full PE kit (top, shorts, socks and trainers)**. On Monday, during these periods the changing rooms are at capacity and therefore they will not be able to use them. We also ask that students wear their school jacket/blazer over their PE top when they are in their other classroom lessons on the day. Please note that this **does not** apply for their other PE lesson later in the week when students will be expected to be in full school uniform.

Thank you for your support with this.

OUTSTANDING SPORTS NEWS

Holly Joins the Skateboard GB Pipeline Project

Holly Dewsnap (11M) has recently received some very good news. She is a very talented and committed skateboarder and she applied to join the Skateboard GB Pipeline Project. She has recently been informed that she has been successful! This is a huge achievement for Holly as the standard of skateboarding was extremely high.

Well done Holly! A fantastic achievement!



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Alice Lifts Her Way to Victory



BRITISH
WEIGHT
LIFTING

Alice Lowry (Year 11) competed in a British Weight lifting competition at the weekend. She competed with her teammates from All Things Strength in the Under 17 age category. She lifted an impressive 38 kg snatch and 45 kg clean and jerk to lift a total of 83kg. Her performance resulted in Alice finishing in first place to win the Gold Medal.

This is an outstanding achievement that Alice should be very proud of. Congratulations Alice!

MENTAL HEALTH AND WELLBEING

The safety and wellbeing of our students is our highest priority. **We offer a number of support streams for our students to reach out to if they ever feel anxious, overwhelmed, stressed, worried or lonely.** All the details of our Mental Health and Wellbeing support streams can be found under the student tab on our website:

www.mossleyhollins.com/students/mental-health-and-well-being/

Useful Tools and Links

Report Remove - Childline tool for having nude images taken off-line : <https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/report-remove/?scrybrkr=f1b5124c>

Report Harmful Content.com – A website to provide advice and support and allow people to report harmful online content :

<https://reportharmfulcontent.com/>

Internet Matters – offers advice to parents and schools regarding internet use and tackles online hate :

<https://www.internetmatters.org/>

Qustodio – A FREE Parental Control App

- Allows each parent to filter and monitor on 2 devices – this level of cover should be appropriate for most families. It allows parents to filter content, monitor activity and set time limits – this is free forever!
- For vulnerable students, there is a premium subscription that parents can pay for (approx. £40 per year for 5 devices + 30-day free trial). This allows parents to track, monitor calls/messages, get reports and alerts.

Qwell.io

Qwell.io is a free digital mental wellbeing support for adults across the UK.

While students in school are aware of Kooth, Qwell is an online platform for adults, who may need support with their own mental wellbeing.

It's a free to use NHS supported service, there are no waiting lists or referrals necessary, you just sign up and access support for yourself today.

They have an accredited team of counsellors and emotional wellbeing practitioners are there to support you through all things big and small. As well as a set of online self-help tools offering the ability to create journals, track your mood and set goals.



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Any adult choosing to access the service remains anonymous - they just need to fill in age and ethnicity so they can be teamed up with a relevant practitioner

The Qwell team are available for online chats from 12.00-10.00pm weekdays and 6.00-10.00pm at the weekend, with their longest wait time not exceeding 30 minutes. There is also an option to message their inbox (a 24-hour inbox).

For more information, help or support with your own mental wellbeing visit www.qwell.io

Online Safety

The following sites may be useful in keeping your child safe online.

Qustodio is a free Parental Control App. It allows each parent to filter and monitor on 2 devices, a level of cover which should be appropriate for most families. It allows parents to filter content, monitor activity and set time limits. For vulnerable students, there is a subscription version that parents can pay for (a free 30-day trial followed by a subscription of approximately £40 per year for 5 devices) which allows parents to track, monitor calls/messages and get reports and alerts.

<https://www.qustodio.com/en/>

Report Remove is a Childline tool for having inappropriate images taken off. This is the link for the website:

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/reportremove/?scrybrkr=f1b5124c>

Report Harmful Content.com is a website that provides advice and support and allow people to report harmful online content. The link is below:

<https://reportharmfulcontent.com/>

Internet Matters offers advice to parents and schools regarding internet use and tackles online hate. The link can be found below:

<https://www.internetmatters.org/>

DATES FOR YOUR DIARY

(Please see our website for further details)

Monday 18 th September/ Wednesday 20 th September	Geography Field Trip
Tuesday 19 th September/ Tuesday 26 th September	Spanish Restaurant Visit
Tuesday 19 th September	Year 7 Life Skills Day
Tuesday 26 th September	MHHS Open Evening
w/c Monday 2 nd October	Year 8 HPV1 Vaccinations
Friday 6 th October	The Ocean at The End of the Lane Theatre Trip





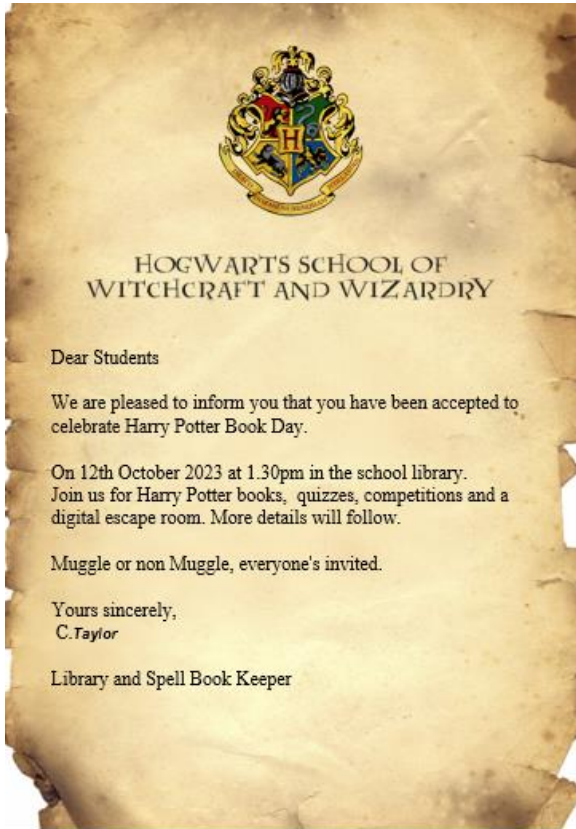
Potter Book Day

Calling all Muggles and non-Muggles! Please join us in the library to celebrate Harry Potter Book Day on 12th October 2023.

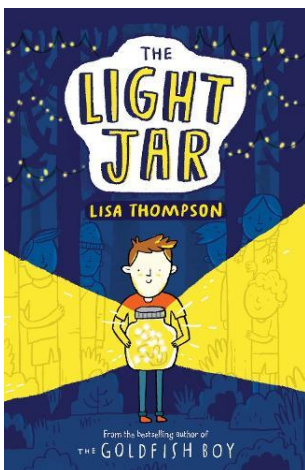
We are holding a virtual Harry Potter escape room - have you got what it takes to read the clues and solve the puzzles to help Harry and his friend escape?

There will be quizzes, word searches and a reading from one of the novels! Come and join in the fun and win some *Harry Potter* books and goodies!

Please visit the library and see Mrs Taylor to sign up for the virtual escape room.



This week the Librarian recommends...



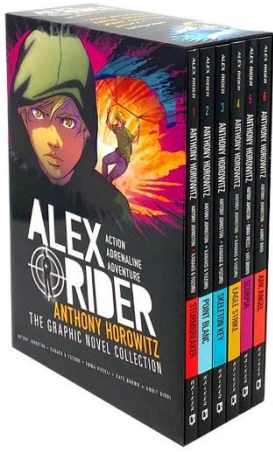
The Light Jar

Nate and his mother are running away, hiding out in a tumbledown cottage in the middle of a forest. When Mum heads off for provisions, and then doesn't return, Nate is left alone and afraid, with the dark closing in all around him.

But comfort can come from the most unexpected of places - a mysterious girl trying to solve the clues of a treasure hunt and the reappearance of an old friend from his past. Will Nate find the bravery needed to face the troubles of his present and ultimately illuminate the future?

A story of fear and hope, loneliness and friendship - full of the heart, engaging characters and propulsive, page-turning mystery.

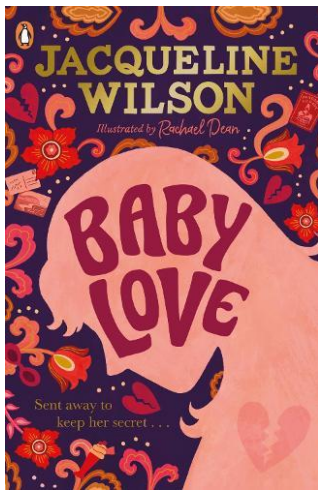




Stormbreaker: The Graphic Novel (Alex Rider)

Forcibly recruited into MI6 after the mysterious death of his guardian, fourteen-year-old Alex is sent to infiltrate the organization of a sinister billionaire. Within days he's gone from schoolboy to superspy.

Full box set available in the library.



Baby Love

A heart-breaking, compelling and timely story for older readers about teen pregnancy, family trouble and unlikely friendships, set in 1960.

When Laura meets a French exchange student, Leon, she is flattered by his interest in her. She's never had any sort of boyfriend before.

One night, Leon walks Laura home - and her life will never be the same again. Things start to change for Laura - first her moods and then her body. Laura isn't prepared for what she learns next...and doesn't even know how it could have happened. When her family learns her secret, they are horrified. Sent away to save them from shame, Laura meets girls just like herself, whose families have given up on them - and they become a family for each other at the most difficult time in all their lives.

READING CAN TAKE YOU TO A PLACE YOU HAVE NEVER BEEN BEFORE. *Dr Suess*



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COLLEGE	CONTACT DETAILS	OPEN DATES	TIMES
ASHTON SIXTH FORM COLLEGE	Darnton Road Ashton-u-Lyne OL6 9RL www.asfc.ac.uk contact@asfc.ac.uk 0161 330 2330	Tuesday 26 th September 2023 Saturday 14 th October 2023 Deadline Dec 2023 tbc	5.00pm-8.00pm 10.00am-1.00pm
CLARENDON SIXTH FORM	Camp Street Ashton-u-Lyne OL6 6DF www.clarendon.ac.uk 0161 908 6800	Wednesday 27 th September 2023 Saturday 14 th October 2023 Monday 13 th November 2023 Deadline tbc	5.00pm-8.00pm 10.00am-2.00pm 5.00pm -8.00pm
OLDHAM COLLEGE	Rochdale Road Oldham OL9 6AA www.oldham.ac.uk info@oldham.ac.uk 0161 785 4000	Saturday 7 th October To reserve a place book tickets online.	10.00-2.00pm
HOPWOOD HALL COLLEGE	Rochdale and Middleton Campuses www.hopwood.ac.uk enquiries@hopwood.ac.uk 0161 643 7560	Saturday 7 th October 2023 Thursday 19 th October 2023	10.00am-2.00pm 4.30pm-7.00pm
LORETO COLLEGE	Chichester Road Manchester M15 5PB www.loreto.ac.uk 0161 226 5156	Sat 7 th October 2023- book online Sun 15 th October 2023 – book online Application deadline 12 th January 2024.	Both dates 2 sessions 9.45am-12.00pm and 1.00pm-3.00pm
TAMESIDE COLLEGE	Beaufort Road Ashton-u-Lyne OL6 6NX www.tameside.ac.uk 0161 908 6789	Monday 2 nd October Saturday 14 th October Monday 13 th November	5.00pm-8.00pm 10.00am-2.00pm 5.00pm-8.00pm
XAVERIAN COLLEGE	Lower Park Road Manchester M14 5RB college@xaverian.ac.uk www.xaverian.ac.uk 0161 224 1781	Saturday 7 th October 2023 Sunday 15 th October 202 Taster days 11 th and 25 th Nov Deadline Fri 19 th Jan 2024	Times tbc

LIFE SKILLS AND CAREERS AT MOSSLEY HOLLINS

Upcoming College Open Evenings



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Life Skills in Form Time

Redgrave (Year 7)	Turing (Year 8)	Faraday (Year 9)	Bronte (Year 10)	Nightingale (Year 11)
Tuesday	Thursday	Thursday	Wednesday	Tuesday

The timetable below shows the theme for Autumn 1 and the topics for session 2 (to be delivered in week 3 of term):

Year Group	Theme	Session 2
Year 7	Starting Mossley Hollins	My Goals
Year 8	Peer Influence	Negative Role Models
Year 9	Healthy & Unhealthy Coping Strategies	Unhealthy Coping Strategies
Year 10	Extremism, Radicalisation and Cults	Extremism
Year 11	Planning for Life after Mossley Hollins	How would I go about applying for college?

If you have any questions about the sessions and their delivery, please contact Mrs O'Donnell.

Year 7 Life Skills Day

Life Skills Day- Year 7- Tuesday 19th September- Puberty and Attending Secondary School

Throughout their time at Mossley Hollins, students' learning goes beyond the academic curriculum as we support them to thrive as they develop into confident young adults. On Tuesday 19th September, rather than attend their standard timetabled lessons, all year-7 pupils will participate in a 'Life Skills Day' titled 'Puberty and Attending Secondary School'. The purpose of this day is to ensure students have a full understanding of puberty, as well as an increased awareness of strategies to support the emotional wellbeing that will help them better navigate this pivotal time of great change.

Sessions on the day include:

Consent- to understand what consent is and its importance.

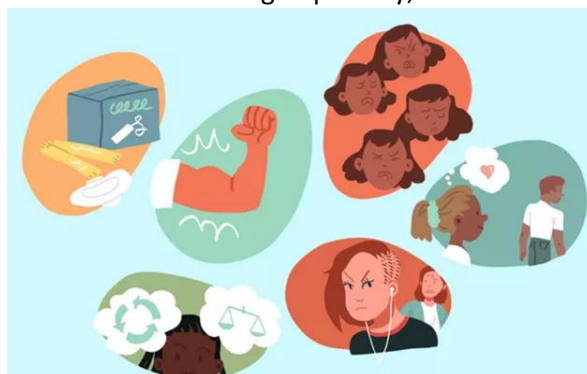
Puberty- to understand the changes that happen with puberty and the definitions of key vocabulary associated with it.

Personal Hygiene- to understand the importance of personal hygiene during puberty.

Self-Image and Positivity- to understand the difference between how we view ourselves versus how others perceive us and to use this knowledge to maintain a more positive self-image.

Resilience- to understand what resilience is and consider strategies for developing it.

You may wish to discuss some of these topics with your child to prepare them for the day or speak to them afterwards about their learning. If so, you may find the attached website (provided by the NHS) valuable to supporting conversations:



<https://www.mindmate.org.uk/so-your-child-is-starting-high-school/>

We really hope the students find the sessions of great practical benefit. If you wish to discuss the event or have further questions about the day, please contact Co-Ordinator of Life Skills, Ms O'Donnell at m.o'donnell@mossleyhollins.com



Careers Education: Online Careers Service for Your Child

<https://gmacs.co.uk/schools>

The Greater Manchester Apprenticeship and Careers Service works alongside Xello to provide a trusted and balanced source of careers information in one place.

Xello will provide interactive assessments to help students understand their strengths, skills, and unique interests and give access to hundreds of career profiles.

To access Xello, students need to go to the [GMACS website](#), click on the careers plan tab and then log-in using their school email address as username, and date of birth (ie ddmmyyyy) as password.

Useful websites

National Careers Service

<https://nationalcareersservice.direct.gov.uk>

Students can explore, research and develop their career ideas linking subjects to possible careers.

UCAS

www.ucas.com

For early research into entrance requirements for university.

Apprenticeships

www.apprenticeships.org.uk

OUR REMINDERS AND MESSAGES

Parent Peer Support Group

An informal space for parents and carers to share their experiences of supporting children with Emotional and Mental Health difficulties with like-minded people, alongside the support of our teams

Our Teams

- Anthony Seddon
- Tameside Parenting Team
- Tameside's - Young People's Mental Health Support Team (October meeting)

When: Second Thursday of the month 9:30-11:30am.

Where: The Anthony Seddon Centre, George Street, Ashton-Under-Lyne.



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Refreshments available.

You are free to just turn up or, if you would like more information, contact either:

Anita McQuillan: Anita.McQuillan@tameside.gov.uk

Sue Brookes: Sue.Brookes@actiontogether.org.uk



Off-Road Bikes and The Law

Off-road bikes: off-road vehicles include moto-cross, trial and endurance bikes, mini motos, quadbikes, electric scooters, buzz boards and go[1]peds and any other mechanically propelled vehicle.

Most 'off-road' bikes that cause a nuisance to the local community are usually found on public footpaths, parks, fields or privately-owned land.

Riding an off-road bike on council-owned land, including footpaths and bridleways is an offence, unless you comply with DVLA regulations. Riding them on private land, without the landowner's permission, is also an offence.

Electric Assisted Pedal Cycles (EAPC)

An EAPC is legal to ride anywhere a normal bike could be ridden. It must have pedals, the motor must not exceed 250 watts and it must not provide any power above 15.5mph. Otherwise it is classed as a motorcycle and the rider will need a driving licence, insurance, MOT where applicable and will need to wear a motorcycle helmet. The rider must be 14 years of age or over.

Failure to comply with the law can result in police prosecution for both the rider and their parents if they are underage.

Saying you don't know the law is not a defence.

For more information visit: [Illegal Off Road Bike Activity \(tameside.gov.uk\)](https://www.tameside.gov.uk/offroadbikes)

<https://www.tameside.gov.uk/offroadbikes>

CONTACTING SCHOOL

Communication with School

Thank you to the vast majority of parents and carers who, when contacting school, are polite and respectful. We understand that, at times, you may feel frustrated if you are not able to immediately speak to a specific member of staff in relation to your child. Please remember that we are a busy secondary school which serves over 900 students and families. Our Heads of Year also have busy caseloads and day-to-day responsibilities. Some Heads of Year are classroom teachers and others are Teaching Assistants, this means that they are often in classrooms teaching or supporting students and are therefore not always available to immediately respond to parents / carers.



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If your call is urgent or in relation to a serious safeguarding concern, our reception/administration staff will always endeavour to find an appropriate member of staff to take your call, in most other circumstances they may direct you to other means of communication, such as email. In such circumstances, you should expect return communication within 48 hours, if you do not, please escalate this to the Headteacher's PA on heads.pa@mossleyhollins.com. Our staff will do their very best to assist in any way that they can. As always, thank you for your continued support.

Communications from School - Ensure Notifications are on for School Gateway App

We have moved to communicating via email rather than text. Please could parents / carers check your email accounts regularly and ensure that our email address is added to your safe list to avoid any emails from school being directed into your junk email folder. Please can you also check on the School Gateway app that we hold your correct email details on record. If there are any changes required you can use the app to let the school know.

Even if you have the School Gateway App you must ensure that you are logged in all the time and have push notifications manually turned on for this App within your phone settings. Every device will have other settings that can affect push notifications (for example, battery optimisation, which prevents some devices from receiving push notifications when the battery is below a certain percentage).

Please also ensure that you are running on the latest version of the App, which can be confirmed in the Play Store or App Store. If you are still not receiving notifications and have followed the guidance below, you would need to refer to the help guide for your specific device and/or contact your device manufacturer.

If both parents/carers are registered on Gateway please ensure that each registered user is using the School Gateway App.

Guidance for switching on notifications:

Apple

1. On your phone, go to settings
2. In here, scroll down to the 'Notification Centre'
3. Select School Gateway
4. In here, ensure that under the heading 'Notification Centre' is switched on
5. Close the screen; you will now receive notifications when new app messages come through



Huawei

1. Tap the Apps icon on your home screen
2. Tap settings
3. Tap Apps or App Manager
4. Scroll down and tap School Gateway
5. Tap Notifications
6. Confirm 'Block all' is toggled OFF (Samsung / other devices - toggle 'Allow Notifications' ON)
7. Restart your device



Android

1. On your phone go to Settings > Applications Manager
2. Scroll down the list of apps until you find School Gateway and select it
3. In here there will be a tick box that says 'Show Notifications'. Ensure this is selected
4. Close the screen; you will now receive notifications when new app messages come through.



Samsung

1. On your phone got to Settings > Notifications and Status Bar > Notifications Centre
2. Scroll down your list of apps until you find 'School Gateway' and select it
3. Activate 'allow notifications' and also 'priority display'
4. Restart your device
5. You will now receive notifications when new app messages come through.



Making contact with your child's Head of Year (Progress)

Please ensure that you use the new email address listed below to make contact with your child's Head of Year (Progress) for any questions or concerns you may have. The relevant Head of Year will ensure that you receive an acknowledgement or reply within 48 hours. Unless a phone call is urgent or is in relation to a serious safeguarding concern, parents/carers will be directed to email the relevant Head of Year on the new email addresses below:



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Classof2024@mossleyhollins.com – Year 11 – Mrs Burns and Mr Howarth

Classof2025@mossleyhollins.com – Year 10 – Miss Fogg

Classof2026@mossleyhollins.com – Year 9 – Mr Beaumont

Classof2027@mossleyhollins.com – Year 8 – Mr Hayward

Classof2028@mossleyhollins.com – Year 7 – Mrs Allwood-Smith

OUR VACANCIES AND TRAIN TO TEACH OFFER

Role: Parent Governor

If you are interested in applying to join our Governing Body at Mossley Hollins High School, please visit

<https://www.mossleyhollins.com/wp-content/uploads/2023/09/Parent-Governor-Application.pdf>

to find out more information and to download the application form and declaration form. This should be returned by email to heads.pa@mossleyhollins.com before Friday 22nd September 2023.

Role: Casual School Examination Invigilator – Mossley Hollins High School

Pay Scale: Grade B, Point 3 (£11.09 per hour)

Hours: Casual

Contract: Permanent

Closing Date: Monday 18th September 2023 (8am)

Interview Date: WB 25th September 2023

Interested applicants should complete an Application Form available on the school website at

www.tret.org.uk/vacancies/mossley-hollins-vacancies

Role: Higher Level Teaching Assistant (Level 4) SEND & Power of Language Strategy (POLS) Co-ordinator

Pay Scale: Grade F (Point 17-22)

Actual starting salary at Grade F Point 17: £21,695.08

Hours: 34 hours per week, Term Time Only

Contract: Permanent

Closing Date: Wednesday 27th September 2023 (12 noon)

Interview Date: WB 2nd October 2023

Start Date: As soon as possible

Interested applicants should complete an Application Form available on the school website at

www.tret.org.uk/vacancies/mossley-hollins-vacancies

Completed applications should be returned to: hr@mossleyhollins.com or the address stated in the advert below

Train to Teach

Train to Teach with us here at **The Tame River Teaching & Curriculum Institute** through School Direct in partnership with **everyonelearning@ Hawthorns Kingfisher**.

We are currently recruiting for **Biology, Chemistry, Physics, English, Geography, History, Maths, PE with Ebacc, Art, RE, Design & technology, Computer Science and MFL**. We lead and host training and placements in strong schools at secondary and primary level. Bursaries may be available.

For more details, please contact eduggan@tret.org.uk or look at the **Train to Teach** Section of the Trust Website:

www.tret.org.uk

Get into Teaching with the everyonelearning@ Teaching Partnership.



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CO-CURRICULAR CLUBS

Club	Day	Staff	Start Date	When	Where	Frequency	Year Group
Advanced Maths Club	Monday	Mr Frost	11th September	Lunch	3.04	Weekly	Year 10/11
Board Games	Everyday	Ms Harrison	11th September	Lunch	2.09	Everyday	Year 10
Cookery Club	Tuesday	Mrs Duncan	19th September	3.15pm	4.05	Weekly	Year 7
CREST Silver Award	Thursday	Miss Lea	14th September	Lunch	3.07	Weekly	Year 9
Design & Make Club	Tuesday	Miss Heapey	26th September	3.00pm	4.03	Weekly (6-week block)	Year 8
Duke of Ed	Friday	Mr Howarth	TBC	Lunch	2.05	Weekly	Years 9 & 10
Fitness Club	Thursday	Mr King	28th September	3.00pm	Sports Hall/Outdoor	Weekly	Yr 10 & 11
French Club	Wednesday	Mrs Doodson	13th September	Lunch	L.03	Weekly	All
Games Club	Friday	Miss Padgett	15th September	Lunch	L.02	Weekly	All
Geography Club	Friday	Mrs Motteram	15th September	Lunch	2.03	Weekly	Year 7
History Film Club	Thursday	Miss Bradbury	14th September	Lunch	2.01	Weekly	All
Knitting Club	Thursday	Mrs Matthews	21st September	Lunch	2.1	Weekly	All
Pokemon Club	Tuesday	Mr Stevens	12th September	Lunch	L.02	Weekly	All
Retro Gaming	Friday	Mr Chalmers	15th September	Lunch	4.02	Weekly	All
Siam Poetry	Wednesday	Mrs Vance	20th September	Lunch	2.07	Weekly	Yrs 7, 8 & 9
Sign Language Club	Monday	Miss Montero	18th September	Lunch	L.01	Weekly	All
Spanish Film Club	Friday	Mrs Chapman	15th September	Lunch	L.01	Weekly	All
Writing, Acting & Directing for Screen	Friday	Miss Barclay	15th September	Lunch	2.12	Weekly	All
Year 7 Football	Monday	Mr Doodson/ Mr Miller	11th September	Lunch	Astro	Weekly	Year 7



Year 7 & 8 Netball	Monday	Mrs Dodd	11th September	Lunch	Sports Hall	Weekly	Year 7 & 8
Year 8 Football Team practice	Tuesday	Mr Doodson/ Mr Miller	12th September	Lunch	Astro	Weekly	Year 8
Year 9, 10 & 11 Netball	Tuesday	Mrs Dodd	12th September	Lunch	Sports Hall	Weekly	Yrs 9, 10 & 11
Year 10 Dance	Tuesday	Miss Shaw	12th September	Lunch	Dance Studio	Weekly	Year 10
Years 7, 8 & 9 Basketball	Tuesday	Mr Doodson	12th September	3.00pm	Sports Hall	Weekly	Yrs 7, 8 & 9
Year 7, 8 & 9 Dance Club	Tuesday	Miss Shaw	12th September	3.00pm	Dance Studio	Weekly	Yrs 7, 8 & 9
Years 7, 8 & 9 Girls Football	Tuesday	Mr Hussain	12th September	3.00pm	Astro	Weekly	Yrs 7, 8 & 9
Year 9 Football team practice	Wednesday	Mr Miller	13th September	Lunch	Astro	Weekly	Year 9
Years 8 & 9 Football	Wednesday	Mr Doodson/ Mr Miller	13th September	3.00pm	Astro	Weekly	Yrs 8 & 9
Year 11 GCSE PE Volleyball	Thursday	Mrs Dodd/Mr Miller	14th September	Lunch	Sports Hall	Weekly	Year 11
Year 11 GCSE PE Table Tennis	Thursday	Mr Doodson	14th September	Lunch	Sports Hall	Weekly	Year 11
Year 11 Dance	Thursday	Miss Shaw	14th September	Lunch	Dance Studio	Weekly	Year 11
Year 7 Football	Thursday	Mr Irving	14th September	3.00pm	Astro	Weekly	Year 7
Year 10 & 11 Girls Football	Friday	Mr Miller	15th September	Lunch	Sports Hall	Weekly	Years 10 & 11
Year 11 BTEC Sport Table Tennis	Friday	Mr Doodson	15th September	Lunch	Sports Hall	Weekly	Year 11
School Production - Choral	Monday	Mrs Ryan	18th September	3.00pm	G.03	Weekly	All
School Production - Principle Characters	Monday	Mrs Ryan	18th September	4.00pm	G.03	Weekly	All
School Production - Principle Characters	Tuesday	Mrs Ryan	19th September	3.00pm	G.03	Weekly	All



KS3 Drama Club	Wednesday	Mrs Ryan	20th September	Lunch	G.03	Weekly	Yrs 7 - 9
KS4 Master Classes	Tuesday	Mrs Ryan	19th September	Lunch	G.03	Weekly	Yrs 10 - 11
Pop Choir	Friday	Miss Lundberg/ Mr Jones	22nd September	Lunch	G.02	Weekly	All
School Brass Band	Wednesday	Miss Lundberg	13th September	Lunch	G.02	Weekly	All
School Brass Band	Thursday	Miss Lundberg	13th September	3.00pm	G.02	Weekly	All
Percussion Ensemble	Tuesday	Mr Montgomery	26th September	Lunch	G.02	Weekly	All
Year 7 Brass Band	Wednesday	Mr Evans	20th September	3.00pm	G.02	Weekly	Year 7
Guitar Group	Coming Soon						
Break Choir	Coming Soon						



Top Tips for SETTING BOUNDARIES AROUND GAMING

If your child loves video games, then you'll probably be aware that how long they spend gaming – and what they're actually playing – can occasionally become a source of concern or conflict. The UK's trade body for interactive entertainment, Ukie, has recently launched a campaign to promote safer and more responsible gaming among young people – with parents and carers helping by setting sensible and fair boundaries. Our guide has tips on key areas where you could agree some healthy ground rules for your child's gaming activity.

PROMOTE SAFER GAME CHOICES

Deciding which online games are OK – and which should be avoided – is tricky. Some titles allow children to cooperate or compete with strangers, which creates potential risks. Watching your child play online for a while could provide more insight into a particular game, while the parental controls on most consoles allow you to limit who can chat to your child or send them friend requests. Remind your child of the hazards around strangers online when you discuss this boundary with them.

ENCOURAGE REGULAR BREAKS

Help your child understand the need to take regular breaks: playing in shorter bursts rather than marathon sessions. Bear in mind that some games (such as role-playing games) require time investment from the player, while others (online team games, for example) can't be stopped or paused at a moment's notice. A quick break every hour or so is good practice, and you could suggest some things to do in these breaks, such as having a drink of water or getting some fresh air.

AGREE SPENDING LIMITS

There's no doubt that gaming can be expensive, and younger players often don't realise how much paying for digital items and subscriptions can add up to. Many young gamers love to buy new skins or upgrades for their character, so you could settle on a fixed amount that your child is allowed to spend on in-game items each week or month. This sort of boundary will not only help your child to manage their expectations but will also make you more aware of the price of these items.

DISCUSS AGE RATINGS

Children often ignore the age ratings on games – or are unaware they even exist. If you're happy with your child playing a particular game even though it's rated above their age, then establish that as a boundary: emphasise that you've made an exception, and talk about what age ratings mean and why they're important. You could add context to this boundary by browsing games' boxes together while shopping, discussing why some games might have earned certain age ratings.

Meet Our Expert

Daniel Upscombelle is a writer specialising in technology, video gaming, virtual reality and Web3. He has also written 16 guidebooks for children, covering games such as Fortnite, Apex Legends, Valorant, Roblox and Minecraft. With work published by the likes of PC Gamer, Kotaku, Pocket Gamer and VG247, he has reviewed more than 50 games and products over the past year.

Source: <https://hipal.app/about/privacy.html>

FACTOR IN FRIENDS

If your child is a keen video gamer, the chances are that they'll have other gamers among their social circle, too. When friends visit, do they instantly dash to their console or computer? You could put boundaries in place before their guests arrive by agreeing on a length of gaming time. Bear in mind, though, that they may try to extend this once they're together. Try coming up with activities or challenges for them during screen breaks – if they join in, they earn a little extra time on their game.

ENJOY GAMING TOGETHER

Setting time aside to play video games together can be an enjoyable bonding exercise. Undeniably, some young gamers may be less enthusiastic about a parent or carer joining in, but it can be a productive way of encouraging them to share their hobby with you. Setting goals or tasks might be useful: if they love Minecraft, choose something to build together; if Fortnite's their favourite, ask to try out some of the fun game modes, like Prop Hunt, which don't require high skill levels.

TALK ABOUT EMOTIONS

Help your child to monitor their emotions as they play. Discuss what is (and isn't) an acceptable level of competitiveness to show while gaming. Are they allowed to trash talk other players, for example? Can they notice when they get angry if they lose? Do they think these emotions are healthy? Some games can provoke anger, but others can bring joy, humour and the thrill of overcoming a challenge. Try to steer your child towards games that tend to produce these more positive feelings.

BE PREPARED FOR TROLLS

A frequent problem when gaming online is other players who are deliberately troublesome. Make sure your child knows how to report and block someone who makes their experience a negative one. Between you, decide if or how they should deal with these online trolls. Talk about where your child's boundaries are in terms of what they think is acceptable: what behaviour by other users is merely frustrating, and what crosses the line to become upsetting or abusive.



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