

Mossley Hollins High School

Our Newsflash (16)

Friday 13th January



OUR TOP STORIES THIS WEEK

We Will, We Will Rock You

Rehearsals for this year's production of We Will Rock You take place every Tuesday and Thursday, and Mrs Ryan and Mrs Walsh are leading our cast of 'Bohemians and GaGa Kids' into the 'Rock Hall of Fame'.

With the halls of Mossley Hollins echoing in the evenings to "Crazy Little Thing Called Love" and "I want to Break Free", we've taken a peak behind the curtain and caught up with Jennifer Hallam (year 10) who plays the role of Galileo in the production:

"Rehearsals are going well. We have got most of the show done, but there are just a few bits we need to work out.

My favourite song to sing is *Under Pressure* because it's the first big duet in the show and we've done all the 'blocking' for it and it seems to look quite good. I'm excited." – Jennifer

MOSSLEY HOLLINS HIGH SCHOOL
Presents
WE WILL ROCK YOU
SCHOOL EDITION
7th, 8th & 10th March
2023
Doors open at 6.45pm - Performance begins at 7pm
Tickets available from
Monday 16th January
Please visit our website to place your order
Refreshments will be available
All Tickets £7
Music and Lyrics by **QUEEN**
Story and Script by **BEN ELTON**
"WE WILL ROCK YOU School Edition" is presented through special arrangement with and all authorized performance materials are supplied by Theatrical Rights Worldwide (TRW), www.theatricalrights.co.uk

For any students who are yet to take part in one of our many co-curricular clubs and activities, we strongly encourage you to get involved. You can find the full list of activities on offer at the end of the Newsflash.

Year 11 Life Skills' Day

On Monday 9th January our Year 11s took part in their Life Skills' Day.

Throughout the course of the day, our students participated in specially-designed programmes of study to help prepare them for life beyond Mossley Hollins and to learn about issues affecting them and our society.

Our students took part in the following sessions:

- Cancer Awareness
- Being Gambling Aware
- Developing Resilience
- Celebrating Diversity and Recognising Protected Characteristics



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- Career Workshop – ‘What roles might I be suited for?’
- Fertility and Issues Surrounding Pregnancy

Thank you to all the staff who facilitated these important sessions for our students and thank you to our year 11 students who demonstrated such enthusiasm and maturity throughout the day.

We will be collecting feedback from our year 11 students to help us continue to improve these valuable Life Skills’ events.

Character Awards - Wednesday 1st February

The first Character Awards’ ceremony of the year will take place on **Wednesday 1st February**. Students and parents/ carers will be invited to join in the celebration where badges and certificates will be awarded.

In order to count up all the Character points that students have earned. we will need to close the form on **Wednesday 18th January**. Students should ensure that they bring in the relevant evidence for their portfolios and speak to their form mentors before this date.



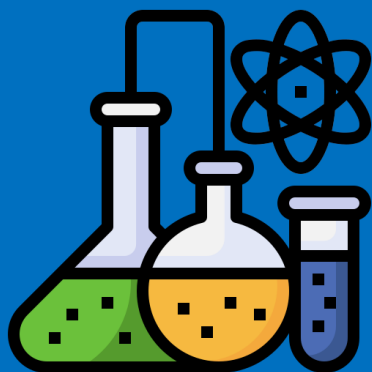
The timings of the event are as follows:

2:30pm – 3:15pm Years 9 and 10 with parents/carers invited.

3:30pm – 4:30pm Year 7 with parents/ carers invited.

5pm – 6pm Year 8 with parents/ carers invited.

Invites for parents/carers will be sent out once the form spreadsheets have closed on Wednesday 18th January.



Scientist of the week

Emilia Goddard (Year 7)

Mrs Skinkis would like to nominate Emilia as she has made fantastic progress in the recent topic of ‘Energy stores & transfers’. She has been giving fantastic verbal answers in class as well as accurate and detailed written answers on her end of topic review.

Well done Emilia – keep up the fantastic work.



SCHOOL CULTURE: HIGH EXPECTATIONS AND CARE – STUDENTS, STAFF AND PARENTS/ CARERS - THANK YOU SO MUCH.

We really value the development of **good learning habits** at our school (No answering back, perfect Uniform, Homework on time and to a good standard, On-task learning in class, Punctuality to lessons and full Equipment for the day: NUHOPE) and seek to develop **great learning habits** (neat Presentation, Resilience in the face of challenging learning, Independent endeavour, meeting Deadlines and Excellent quality of written and spoken work: PRIDE) **to enable our children and young people to become better qualified, more successful and fulfilled in life.** We have had much positive feedback from colleges about how well prepared our students are when they go on to further education, due to the development of the good and great learning habits.



THE RESEARCH INTERNATIONALLY IS CLEAR: OUR BASIC EXPECTATIONS ARE THE LEAST WE NEED FROM ALL OUR STUDENTS



We do **not** think it is too much to ask to simply expect our students to be ready each day to learn and be engaged; to be on-task; to wear their uniform with pride; to be well-mannered and to follow our fair and clear homework and *equipment rules*. *It might look like we are caring for our children if we expect less and make excuses for them but we are not. It is **because we care so much** that we have such standards. **Most importantly, for those students with the least advantage and the most current issues of personal concern, it is precisely these basic standards and this clear structure that will help with their well-being and development.***

THANK YOU SO MUCH TO OUR PARENTS AND CARERS FOR INSISTING ON STANDARDS THAT HELP CHILDREN NOW AND FOR THE REST OF THEIR LIVES

We are immensely grateful to our parents and carers for their support with this.

We do not hesitate to correct students who do not follow these simple steps or who do not contribute positively to the culture for all of us. We rely on all our parents and carers to see the 'bigger picture' and help us secure a great learning attitude from their own child so that all children can prosper, not just their own.

We ask that parents and carers do not contact school on the occasion that their child does not meet such basic

expectations and receives a detention. Please do speak to your child as they should be able to provide you with the information required. Our detentions are painless and simple basic corrections that a child should choose to learn from so that they can **develop good learning habits**. If they get one, they should learn not to get another. Our support staff are often very busy with serious matters and find it difficult to respond to each and every call or email on such matters. The notification of the detention and the category is enough information. Our budget gives us the absolute minimum staffing levels and so our time should be spent on our jobs, not on dealing with unnecessary queries of this nature. We wish to use our time to help students and parents/carers with important matters.

If a parent/carer is keen that a student does not get a detention at a certain date or time, it is important that they make that clear to their child in advance so the child shows good learning habits and does not receive a correction



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or detention in the first place. The responsibility for not getting a detention rests with the secondary-school age student, not the member of staff. If a child still gets a detention at a time that the parent did not want, the parent should deal with the child for that breach to help them see their responsibility for this matter.

PARENTS, STAFF AND STUDENTS DO NOT WISH ANY LEARNING TIME TO BE WASTED: RIGHTS AND RESPONSIBILITIES



DEVELOPING GOOD LEARNING HABITS SO ALL CHILDREN CAN LEARN AND TEACHERS CAN TEACH

Our teachers and leaders undertake frequent professional development but no matter how strong they are, it is always very difficult for a teacher on her or his own to turn-a-round individual students with low aspiration and poor learning habits. And, the research is clear, it is almost impossible to do so if teachers do not get the support of parents and carers in this joint endeavour. Staff

and parents will not always agree with each other and we both respect how hard it is to parent and to teach. We, like parents themselves at home, will make mistakes, but the big picture is what we all keep in mind: where children see and hear their parent/carer support the school's intentions and our staff are always polite and respectful with parents, students invariably do well. Other more serious matters can and should be handled **privately** by the adults, whilst the student still sees their teachers and their parents jointly supporting the basic expectations, publicly. Only then do our students get the right signals that are so important to them as they grow into fine adults themselves. It is in this environment that the school can learn from any mistakes it makes.



THE WAY TO CARE

What we all want for our own and others' children is that they develop not just Good but Great Learning Habits in a safe, warm-strict environment (PRIDE – presentation of work, resilience, independence, meeting deadlines and aiming to produce excellent work) and they can only do this if their habits meet the very basic standard of Good Learning Habits (NUHOPE). In that way, together, we build a culture with sky-high expectations where our teachers can secure very strong academic, social and personal outcomes for our students. This is how we care as it is what we all want for our young people: together as one team we instil good habits with and for our young people.

THANK YOU TO OUR STUDENTS, STAFF, PARENTS AND CARERS FOR ALL YOU DO TO MAKE THIS WORK

Strong school culture takes care of almost everything in its path and we are blessed to have some of the most kind and supportive parents any school could wish for: parents and carers who look out, not only for their own child, but see the big picture of one school community where the good of all children, parents and staff matters so much.



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OUTSTANDING SPORTS NEWS

Year 7 boys football team

On Wednesday night, the year 7 boys' football team played in their first game of 2023 against West Hill. They put in an outstanding team performance with Rowan Dewsnap scoring 2 goals either side of half time to secure their second win of the season with a 2-1 victory.

Congratulations and well done to; Luke Whittington, Luke Hewitt, Nico O-Edwards, Jayden Morgan, Zak Needham, Toby Beedham, Kai Holden, Jamie Ell, Ollie Lord, Jack Riley, Ryan Kirby, Harry Rudol and Rowan Dewsnap.



Outstanding achievement – Amy Starkey (Year 11)

Amy is a dedicated and enthusiastic athlete who is currently training in preparation for the pentathlon and heptathlon events in the summer.

Over the Christmas period she received the award for 'Athlete of the Month' for her hard work and dedication in training. This resulted in her achieving personal bests in the shot-putt, long jump, high jump, 60m sprint and 60 hurdles in her most recent competition.

We would like to wish Amy the best of luck with her training and competitions over the next few months.



Request from the PE department

The PE department would love to find out what fitness activities or sports activities the pupils of Mossley Hollins are taking part in outside of school at the moment. We would like all pupils to send/email photos of them taking part in exercise or playing sport for their clubs with information about their achievements to Mr Doodson or Mrs Dodd on a.doodson@mossleyhollins.com or v.dodd@mossleyhollins.com.

Thank you to those pupils/parents/carers who have contacted the PE department since the start of the year with information, this is much appreciated.

For more stories and updates, please see our News page on our website. You can also follow us on Twitter @MossleyHollins.

OUR GCSE COUNTDOWN

EXAMINATION COUNTDOWN

18

WEEKS



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WHY USE GCSEPOD?

What is it?

- One website, 3 apps and over 6000 Pods.
- Content produced specifically for mobile devices, tablets and PCs.
- Designed to squeeze exactly the right knowledge needed for exam success into short 3-5 minute chunks.
- Helps with learning, homework and revision.
- For years 10 and 11 only.

It will help your child get organised. Your child can create personal playlists to listen to in the run-up to an exam, to help with homework or on the go to help consolidate learning. The viewing history feature enables your child to return to Pods they found useful. There's also a 'Favourites' playlist, which enables them to easily return to Pods on areas they may be finding difficult. Premade exam specific playlists, available in the 'My Courses' area are neatly organised meaning your child can manage revision quickly and easily whilst prioritising their time.

Beating exam stress

If you wish to access guidance to help your child beat exam stress you may find this link useful : <https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/help-your-child-beat-exam-stress/>

Your post-16 options

If you currently have a child in year 11, you may find this website useful for discussing options going forward: <https://nationalcareers.service.gov.uk/careers-advice/career-choices-at-16>

SUPPORT YOUR CHILD ON THE PATH TO SUCCESS



Your child's school has invested in the award winning resource, GCSEPod, to help your child reach their goals!

Join the thousands of parents/carers encouraging their children to use GCSEPod to support learning, homework and revision.

- ▶ Proven to increase results
- ▶ 28+ exam mapped subjects
- ▶ Available online and offline
- ▶ Audio visual content
- ▶ Builds confidence
- ▶ Independently accessible assessments

Want to find out how you can support your child more with GCSEPod? Then join one of our free webinars by registering here: <https://www.gcsepod.com/podup-presents-webinars/>

"The correlation between success and failure was made almost 100% clear by the use of GCSEPod."

Head of MFL
at Yateley School

"I found GCSEPod especially useful to compliment my knowledge and I'm certain it helped me secure the grades that I have been so happy to receive."

Student

"My daughter used GCSEPod for her GCSEs and was very successful with her results, she absolutely loved your Pods and this style of revising."

Parent

Student Activation

Please follow these instructions if your child has not yet activated their GCSEPod account

1. Go to GCSEPod.com and click 'LOG IN'
2. Click 'New to GCSEPod? Get Started'
3. Enter your child's details and confirm the name of the school they attend
2. Create a username and password

For more information please visit www.gcsepod.com/parents



DATES FOR YOUR DIARY

(Please see our website for further details)

Wednesday 18th January

Year 11 Revision Conference

Thursday 26th January

Year 9 Parents Evening

Wednesday 1st February

Character Awards' Evening (Years 7 – 10)

UPDATED TERM DATES 2022-23

In light of the announcement of His Majesty's coronation on Saturday 6 May 2023, an additional bank holiday has been announced on Monday 8 May. School will therefore be closed on this day.



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The HPV 2 Vaccinations which were scheduled for this date will be rearranged. The new date for these will be communicated when they have been confirmed.

OUR REMINDERS AND MESSAGES



Rehearsal schedule for the school production of *We Will Rock You*:
Tuesday 3-6pm – Main Cast only
Thursday 3-5pm – Whole Cast
Thursday 5-6pm – Main Cast only

In the event of extreme weather

In the event that school opening is impacted by extreme weather, updates will be provided via School Gateway. This is the quickest and most cost-effective way in which to communicate with families. Whilst we are not expecting any extreme weather in the coming weeks, it would be really beneficial for families to download the School Gateway app if you have not already done so and turn on notifications, to ensure effective communication.

Mental Health and Wellbeing

The safety and wellbeing of our students is our highest priority. We offer a number of support streams for our students to reach out to if they ever feel anxious, overwhelmed, stressed, worried or lonely. All the details of our Mental Health and Wellbeing support streams can be found under the student tab of our website:

www.mossleyhollins.com/students/mental-health-and-well-being/

We have also signposted other support services, which are available to young people outside of school, at the end of this edition of the newsflash.

Reminder to Parents

Please can we remind parents, if your child forgets any equipment (including PE kit) we are not able to call you at home / work to arrange for you to bring it into school. Please ensure your child has all of the correct equipment they need before they arrive at school, otherwise they may be issued with a Nuhope for Lack of Equipment.

Collecting your child during the school day

Please ensure your child knows what time they need to leave their lesson to attend any appointments you may have made for them. Our Attendance team must be notified in advance and proof of the appointment provided to them via attendance@mossleyhollins.com.

A note must be written in your child's planner and they must sign out at the Attendance office before coming to Reception to be collected. Please do not arrange to pick child up on Huddersfield Road. We are a very busy school and therefore ask that you do not rely on admin staff to send notes or to be available to collect your child from their lesson.



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NUHOPE Notifications / Queries

Please be aware that the only team who are able to deal with NUHOPE queries are the Attendance Team, the admin office are unable to assist with your queries. Nuhope notification messages will make it clear why the Nuhope has been issued, please speak to your child about this prior to any enquiries to school.

Mobile Phones Handed into Reception

From Monday 12th December pupils' who are handing in their mobile phone to Student Reception must ensure they are contained within a clear, sealed bag with their name and form clearly displayed. Any phones which are not presented in this way will not be accepted. The current use of paper envelopes will no longer be accepted.

Mobile Phone Policy

Our mobile phone policy, which has been in place for many years, is generally very well complied with and we are grateful for the support of parents/carers and students. The school is a sociable place during break and lunchtime as a result of this policy, which requires that mobile phones/devices are not seen, heard or used during the school day or on the school premises. We have had a couple of instances recently where students have used phones during the school day, including to call parents. Where it comes to our attention that a student has used a phone, we will take action as this is a breach of our rules. This does include calls made to parents; if a need for a student to call a parent arises during the day they should speak to their head of year or the office staff who will make arrangements for this to happen, where appropriate, through the school office.

Behaviour and Conduct in the Community

The overwhelming majority of our students are excellent ambassadors for our school when in the community and we receive many more compliments about their conduct than complaints, which are rare. However, we want to make it clear that we always challenge and sanction any negative behaviour from our students in the community, that does not meet our high standards.

Chewing Gum

We would like to make it clear to all parents/carers and students that chewing gum is a banned item at Mossley Hollins High School. Any student found to be chewing gum in the building will serve Removal for a day. There are a number of reasons behind this, including the mess that it leaves behind, the difficulty of removing it from our carpets, chairs, desks and tarmac outside and more importantly, the distraction to learning and the negative impact it can have in the classroom. After feedback from our student council and teaching staff, we did adapt our behaviour policy and made the decision to reduce the sanction for chewing gum at Mossley Hollins High School from a fixed term exclusion to Removal from lessons and social time for a day. We have the highest of expectations of students at Mossley Hollins High School and as always we really appreciate the support from parents and carers with this matter.

LIFE SKILLS AT MOSSLEY HOLLINS

Life Skills in form Time

Life skills sessions in form time will recommence from the week beginning 9th January 2023. However, year 11 will no longer undertake Life Skills in form time in order to focus on essential revision sessions in this time.

Redgrave (year 7)	Faraday (year 8)	Bronte (year 9)	Nightingale (year 10)
Tuesday	Friday	Thursday	Friday



The timetable below shows the theme for Spring Term 1:

Year Group	Theme	Week Two Topic
Year 7	Exploring Family Life and Relationships	Friendships
Year 8	Healthy Relationships	Rights and Responsibilities
Year 9	Healthy Relationships and Readiness for Sex	Consent
Year 10	Managing Relationships	Recognising unhealthy behaviours

Future Life Skills Days

The following Life Skills Days are scheduled in the school calendar. Further details on the year 11 event will follow shortly:

- Friday 10th March 2023 - Year 9
- Tuesday 18th April 2023- Year 8

If you would like some tips on how to speak to your child about positive relationships, you may find these websites useful:

<https://childmind.org/article/how-to-help-kids-have-good-romantic-relationships/>

<https://www.goodtherapy.org/blog/9-tips-for-talking-to-teens-about-dating-and-relationships-0227157?scrybrkr=bffe03dd>

If you have any queries regarding our Life Skills curriculum or our Pastoral Programme please contact Ms M O'Donnell at m.o'donnell@mossleyhollins.com

NATIONAL ONLINE SAFETY

At Mossley Hollins High School, we are fully committed to the safeguarding of the young people in our care and believe it is important everyone takes an active role in ensuring students are safe online.

We would like to welcome parents to join National Online Safety by following the link below:

<https://nationalonlinesafety.com/enrol/mossley-hollins-high-school>

Once you have registered, you will have access to a multitude of resources to help keep your child safe online

We would especially like to recommend the Online Safety Course for Parents and Carers, which can be accessed by following the links below:



<https://nationalonlinesafety.com/hub/view/course/os-for-parents-carers-of-children-aged-11-14>



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E-Safety: Protect yourself on the Internet: remember the GOLDen rules.

Ground rules

1. Keep information private – think, would I tell this to a stranger?
2. Agree rules about meeting online 'friends' in real life
3. If it's not acceptable in real life it shouldn't be acceptable online

Online safety

1. Use anti-virus and monitoring systems
2. Know where to get advice – see below
3. Activate security and privacy settings

Location

1. Internet access should be in a family room, rather than a bedroom
2. Know that Internet access can be gained by the use of other devices; such as gaming consoles, mobile phones or the neighbour's wireless

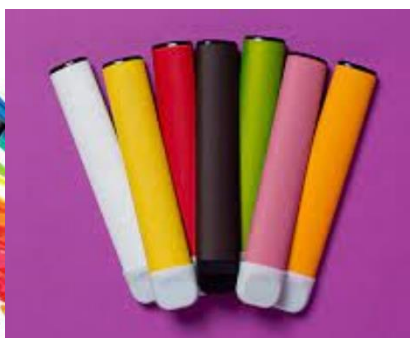
Dialogue

1. Talk to your parents about your internet use
2. Talk to your parents if you have a problem or feel uncomfortable

Our serious concerns about Vaping

We have serious concerns regarding students vaping (using electronic cigarettes). Students have been observed in school uniform smoking/vaping near to our school grounds or on public transport.

Vaping is prohibited at all public transport stops and stations in Tameside and on transport to and from school. Any student found vaping will be in serious trouble at school and their parents/carers will be notified.



Health risks associated with Electronic cigarettes (E-cigarettes)

- Can contain high levels of nicotine. Adolescence is a critical period for brain development and exposure to nicotine can have long-term health consequences, impacting memory, attention and learning.
- E-cigarettes (Vapes) are often available in different flavours which can be appealing to young people and may expose them to chemicals and toxins such as formaldehyde, heavy metals, particulate matter and flavouring chemicals, at levels that have the potential to cause adverse health effects.



- Sometimes vapes are disguised as USB's, pens and cosmetics.
- Second-hand smoke exposure can cause disease and premature death in children and adults who do not smoke. Specifically, children exposed to second-hand smoke experience a range of upper and lower respiratory illnesses and symptoms such as colds and flu, cough, phlegm production, wheezing and pneumonia.

Your support

There are ways you can help protect your children and support our school community. These include:

- Talking to students about why smoking/vaping are harmful for them.
- Learning about the different types of e-cigarettes available and the risks associated with using these products. We recommend that you have a look at images of vapes above and online to familiarize yourself on what they can look like.
- Report anyone you see vaping or anyone that has an e-cigarette with them in school. Please contact the child's Head of Year or a senior member of staff immediately.

CONTACTING SCHOOL

If you phone or write to a member of our staff and you do not get an acknowledgement or reply within 48 hours, we ask that you contact the Headteacher's PA, directly, letting them know who you contacted and what your concern or question was, the Headteachers PA will ensure you get a reply within the next 24 hours. Please write by email to heads.pa@mossleyhollins.com giving details of which member of staff you have contacted and what your question, concern or request is.

This facility can only be used if you have first followed the correct channels and not received an acknowledgement and reply by the end of 2 working days. The Headteacher's PA will not be able to help before that stage.

Ensure notifications are on for School Gateway app

As a school we are looking at ways to reduce costs, one area highlighted is the amount we are spending on text messages.

Even if you have the School Gateway app you must ensure that you are logged in all the time and have push notifications manually turned on for this app within your phone settings. Every device will have other settings that can affect push notifications (for example, battery optimisation, which prevents some devices from receiving push notifications when the battery is below a certain percentage).

Please also ensure that you are running on the latest version of the app, which can be confirmed in the Play Store or App Store. If you are still not receiving notifications and have followed the guidance below, you would need to refer to the help guide for your specific device and/or contact your device manufacturer:

If both parents\carers are registered on Gateway please ensure that each registered user is using the School Gateway app.

Guidance for switching on notifications:

Apple

1. On your phone, go to settings
2. In here, scroll down to the 'Notification Centre'
3. Select School Gateway
4. In here, ensure that under the heading 'Notification Centre' is switched on
5. Close the screen; you will now receive



Huawei

1. Tap the Apps icon on your home screen
2. Tap settings
3. Tap Apps or App Manager
4. Scroll down and tap School Gateway
5. Tap Notifications
6. Confirm 'Block all' is toggled OFF (Samsung /



notifications when new app messages come through

Android

1. On your phone go to Settings > Applications Manager
2. Scroll down the list of apps until you find School Gateway and select it
3. In here there will be a tick box that says 'Show Notifications'. Ensure this is selected
4. Close the screen; you will now receive notifications when new app messages come through.



other devices - toggle 'Allow Notifications' ON)

7. Restart your device

Samsung

1. On your phone got to Settings > Notifications and Status Bar > Notifications Centre
2. Scroll down your list of apps until you find 'School Gateway' and select it
3. Activate 'allow notifications' and also 'priority display'
4. Restart your device
5. You will now receive notifications when new app messages come through.

SAMSUNG

OUR VACANCIES AND OUR TRAIN TO TEACH OFFER

Further details are available on the school website at www.mossleyhollins.com

Train to Teach

Train to Teach with us here at **The Tame River Teaching & Curriculum Institute** through School Direct in partnership with **everyonelearning@ Hawthorns Kingfisher**.

We are currently recruiting for **Biology, Chemistry, Physics, English, Geography, History, Maths, PE with Ebacc, Art, RE, Design & technology, Computer Science and MFL**. We lead and host training and placements in strong schools at secondary and primary level. Bursaries may be available.

For more details, please contact eduggan@tret.org.uk or look at the **Train to Teach** Section of the Trust Website: www.tret.org.uk



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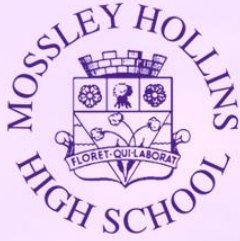
Co-Curricular Clubs 2022-23

Co-Curricular Clubs	Day	When	Where	Frequency	Year Groups
Advanced Maths Club	Wednesday	Lunchtime	3.04	Weekly	10 and 11
Astronomy Club	Thursday	3pm - 3.45pm	3.09	Blue week	9 and 10
Card / Board Games Club	Friday	Lunchtime	L.02	Weekly	All
Chamber Choir	Thursday	Form Time	G.02	Weekly	All
Chess / Board Game and Vintage Comics Club	Friday	Lunchtime	Bronte HB	Weekly	7 and 8
Cookery Club	Tuesday	3.10pm - 4.30pm	4.05	Red Week	7
Debate Club	Thursday	Lunchtime	2.05	Weekly	7, 8 and 9
Design & Make Club	Tuesday	3 - 4pm	4.03	Weekly	8
Dungeons & Dragons Club	Tuesday	3pm - 4pm	2.14	Weekly	All
Graphics Club	Wednesday	Lunchtime	4.07	Red Week	10 and 11
Guitar Club	Wednesday	3pm - 4pm	Practice Room	Weekly	All
History Film Club	Thursday	1.30pm - 2pm	2.01	Weekly	7, 8 and 9
KS3 Drama Club	Wednesday	Lunchtime	Drama Studio	Weekly	7, 8 and 9
KS3 Drumming Group	Tuesday	3pm - 3.30pm	G.02	Weekly	All
KS4 Drumming Group	Tuesday	Lunchtime	G.02	Weekly	10 and 11
KS4 Masterclass	Friday	Lunchtime	Drama Studio	Weekly	10 and 11
Oldham Coliseum	Thursday	3pm - 4pm	Drama Studio	Weekly	TBC
Philosophy Club	Wednesday	Lunchtime	2.06	Red Week	All
Pop Choir	Friday	1.25pm - 1.55pm	G.02	Weekly	All
Retro Gaming Club	Monday	Lunchtime	4.02	Weekly	All
Rock Band	Thursday	3pm - 4pm	Music Room	Weekly	All
Salsa Club	Monday	12.30pm - 1pm	Dance Studio	Weekly	All
School Band	Wednesday	Lunchtime	G.02	Weekly	All
School Band	Thursday	3pm - 4.30pm	G.02	Blue Week	All
School Production	Monday	3pm - 5pm	Drama Studio	Weekly	All
School Production	Thursday	3pm - 5pm	Drama Studio	Weekly	All
Spanish Film Club	Thursday	Lunchtime	L.02	Weekly	All
Trivia and Quiz Club	Wednesday	1.30pm - 1.55pm	2.03	Weekly	All
Whizz Bang Science Club	Tuesday	13.25pm - 13.50pm	3.07	Weekly	7 and 8
Writing Club	Tuesday	3pm - 4pm	2.09	Weekly	8, 9 and 10
Year 10 and 11 Dance Club	Friday	Lunchtime	Dance Studio	Weekly	10 and 11
Year 10 Volleyball (Boys & Girls)	Wednesday	Lunchtime	Sports Hall	Weekly	10
Year 11 Badminton (Exam Group Only)	Thursday	Lunchtime	Sports Hall	Red Week	11
Year 11 Volleyball and Badminton (Exam Grp Only)	Friday	Lunchtime	Sports Hall	Weekly	11
Year 7 & 8 Book Club	TBC	TBC	TBC	TBC	7 and 8
Year 7 and 8 Basketball (Boys & Girls)	Thursday	Lunchtime	Sports Hall	Blue Week	7 and 8
Year 7 and 8 Dance Club	Thursday	3pm - 4pm	Dance Studio	Weekly	7 and 8
Year 7 Band	Wednesday	3pm - 4pm	G.02	Weekly	7
Year 7 Football	Wednesday	Lunchtime	Astro	Weekly	7
Year 7 Jass Silver Award	Monday	3pm - 4pm	G.01	Weekly	7
Year 7, 8 & 9 Netball (all welcome)	Tuesday	Lunchtime	Sports Hall	Weekly	7, 8 and 9
Year 7, 8 & 9 Netball (team only)	Monday	Lunchtime	Sports Hall	Weekly	7, 8 and 9
Year 7, 8 and 9 Girls Football	Tuesday	3pm - 4pm	Astro	Weekly	7, 8 and 9
Year 8 & 9 Football (team only)	Wednesday	3pm - 4pm	Astro	Weekly	8 and 9
Year 8 Football	Monday	Lunchtime	Astro	Weekly	8
Year 8 Jass Silver & Gold Award	Thursday	Lunchtime	G.01	4 weekly	8
Year 9 Dance Club	Wednesday	Lunchtime	Dance Studio	Weekly	9
Year 9 DofE Bronze	Thursday	Lunchtime	G.01	4 weekly	9
Year 9 Football	Thursday	Lunchtime	Astro	Weekly	9
Young Reporters Club	Wednesday	Lunchtime	Library	Weekly	9 and 10

	Arts & Sports
	DofE & Jass
	English
	Humanities
	Languages
	Maths
	Music
	Science
	Technology



General



Concerns in or out of school? Use the the Confide reporting tool to report any concerns.



Childline- general support for young people.
Call **0800 1111** or visit
<https://www.childline.org.uk/>

childline



Think you know: <https://www.thinkuknow.co.uk/>

Mental Health and Well-being

Off the Record: Suitable for children and young people aged 10-25 in Tameside who are experiencing mental health difficulties such as anxiety, worry, low mood, bereavement, bullying and stress etc. www.otr-tameside.org **0161 355 3553**



Samaritans
www.samaritans.org
Freephone: **116 123**
Text message: **07725 90 90 90**

Eating Disorders B-eat – Eating Disorder Charity
www.b-eat.co.uk
Tel: **0845 634 141**



Mind: Suitable for young people aged 8-18 years struggling with different issues such as anxiety, worry, low mood, stress, bullying etc.



Sexual Health and Well-being

YOUthink are a specialist team for sexual health intervention and prevention, which focus on improving young people's sexual health. The team is made up of youth workers who offer FREE one to one individual support to young people aged under 25 to access local contraception and sexual health services. The service also offers a variety of services including: pregnancy testing, condom distribution, advice and support.

The Service is confidential and designed to keep young people SAFE and not judge.

To contact YOUthink about any sexual health issue, or ask a question about services, Monday to Friday 9.30am to 4.30pm:

Tel: **0161 342 5600** or **0161 342 5671** or **0161 342 5672** and ask to speak to someone from the YOUthink team.



Or visit 31 Young People's Centre, Clarence Arcade, Ashton-under-Lyne, OL6 7PT. LGBT Foundation is a national charity delivering a wide range of services to lesbian, gay and bisexual and trans (LGBT) communities. <https://lgbt.foundation/> Advice Support & Information **0345 3 30 30 30**

SEXWISE – online honest advice about contraception, pregnancy, STIs and pleasure.

<https://www.sexwise.fpa.org.uk/>

Sexual Assault:

<https://www.sexwise.fpa.org.uk/where-to-get-help/sexual-assault-services>



Domestic Abuse



Refuge <https://www.nationaldahelpline.org.uk/>
0808 2000 247



Self Harm



Self-Harm Network <https://www.nshn.co.uk/>

SHARE

Self-Harm Awareness & Recovery - Support group in Manchester
Tel: **0161 226 5412 / 07876 166 625**

Papyrus

National suicide prevention charity. Tel: **0800 068 41 41**

Drugs and alcohol



Tobacco <https://www.nhs.uk/smokefree>



Young Minds: <https://youngminds.org.uk/find-help/-looking-after-yourself/drugs-and-alcohol/>



My Recovery Tameside:
<https://www.changegrowlive.org/my-recovery-tameside>
You can also phone or email: **0161 672 9420** or email tameside.referrals@cgl.org.uk

Or if you live in Manchester: **0161 839 2054** from 09:00 - 17:00 on weekdays or email eclipsemanchester@cgl.org.uk.



Talk to Frank: <https://www.talktofrank.com/>
0300 1236600



What Parents & Carers Need to Know about

WORLD OF WARCRAFT

AGE RESTRICTION
12+

WHAT ARE THE RISKS?

World of Warcraft originally launched way back in 2004, and since then the game has blossomed into a major entertainment property. It's spawned spin-off novels, merchandise and even a Hollywood movie adaptation – but why are we still talking about it in 2023? World of Warcraft's most recent iteration, Dragonflight, launched last November and marks the game's ninth major expansion. This latest addition has attracted a whole host of lapsed players back to the game – as well as newcomers jumping into the realm of Azeroth for the first time.

ALWAYS ONLINE

World of Warcraft is an MMORPG, which stands for Massively Multiplayer Online Role-Playing Game. Players create a character and head off on mythical quests to earn rewards and become more powerful. The game's environment is absolutely vast, and it can only be played online on PC or Mac – so there's a high probability of young Warcraft fans wanting to monopolise the family computer.

REGULAR EXPANSIONS

As is common with many MMORPGs, World of Warcraft's developers, Blizzard, release regular expansions for the game (usually every 18 months to two years). So although there's still plenty of content for young players to experience right now, there will almost inevitably be a requirement to continue buying future expansion packs, which tend to cost around £50.

IN-GAME PURCHASES AND SUBSCRIPTIONS

Just like its genre contemporary Final Fantasy XIV, World of Warcraft requires a monthly subscription fee to play. It's currently £9.99 per month (although you can get it cheaper by signing up to a longer subscription). There are also many items which can be purchased from the in-game store that don't affect gameplay, but instead offer cosmetic alterations to a player's character.

VOICE AND TEXT CHAT

Because World of Warcraft is played exclusively on PCs and Macs, it's easy for users to type out text messages if they aren't comfortable using voice chat. If you'll forgive the pun, that's a double-edged sword because – although there's less chance of them being harassed verbally – it puts young players at increased risk of being trolled or receiving spam through the in-game messaging function.

SIMULATED VIOLENCE

The fact that World of Warcraft is almost 20 years old means that even its most violent battles look slightly cartoonish compared with the level of authenticity in many more modern games. The exception tends to be Warcraft's in-game cutscenes: animated sections which move the plot onto the next stage. These offer more realistic visuals, but they still aren't overly gory or scary.

POTENTIAL FOR ADDICTION

World of Warcraft can trigger a powerful "just one more quest" mentality in players (especially young ones) as they rush to secure the next dopamine hit from levelling their character up or earning a new item or weapon. It's also a game that doesn't have a definite "end" – because as soon as a player finishes levelling up one character, they can start afresh with another one.

Advice for Parents & Carers

MANAGE PLAYTIME

World of Warcraft can be an extremely enjoyable game to play with friends, but it's important that your child doesn't let their adventures crowd out school work, socialising or anything else they also enjoy. You could, for example, consider imposing playtime limits – such as a set number of hours to play Warcraft per week, or restricting it to particular days or just weekends.

MAKE IT A REWARD

If your child is excited about getting the next World of Warcraft expansion, you could consider using it as a reward for completing their weekly tasks (you could even call them "quests") like tidying their room or doing their homework. This will demonstrate that you're happy for them to play the game but will also help them to build good, productive habits, reinforcing that hard work earns rewards.

SIGN UP FOR THE FREE TRIAL

Warcraft's monthly subscription effectively "pays" for the regular new content, but there's also a special free trial that lets new players explore the world of Azeroth without paying a penny. Players can play up until Level 20 for free, which is easily several hours' worth of gameplay. If your child does take this option, we'd suggest minimising in-game spending by not linking a bank card to their account.

REMEMBER THE AGE RATING

Due to mild violence and the occasional use of offensive language, World of Warcraft has been rated as appropriate for players aged 12 and over by PEGI (the Pan-European Game Information system, which gives games their age certificate). It isn't really suitable for anyone below that age, so you may potentially have to explain this reasoning to your younger children if they want to play it.

ADVENTURE TOGETHER

Warcraft can certainly be addictive, but playing it together is also a great way to spend time with your child. The game's focus on cooperative questing and battling enemies can make it feel like you've accomplished something as a team, and you'll also be in a prime position to spot any early signs of addiction. Just remember to apply gaming time limits to yourself as well as your young ones!

Meet Our Expert

Lloyd Coombes is Games Editor of technology and entertainment website Dexerto and has been working in the gaming media for three years. A long-time gaming enthusiast, he is also a parent and therefore a keen advocate of online safety. Writing mainly about tech and fitness, his articles have also been published on influential sites including IGN and Techradar, among others.



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Source: <https://www.theguardian.com/technology/2011/aug/29/world-of-warcraft-video-game-addict>, <https://worldofwarcraft.com/en-us/start>

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

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Manners + Hard work + Honesty = Success

